The Institut National des Sciences Appliquées (INSA) of Lyon is an international, multidisciplinary university-level School of Engineering at the heart of the European Higher Education scene. Since it was founded in 1957, INSA Lyon has included international, human and social aspects in the curriculum of its engineers. In fact, as much importance is given to international relations and openness as to the quality of its education and research. The International Relations Office is pleased to give you this “welcome guide”. This handbook will provide you with useful information so that you can settle smoothly into the school and into your new student life in Lyon. You will find an explanation of most of the administrative formalities to be undertaken, both before your departure and upon your arrival.

We are proud that you have chosen INSA Lyon, located in the vibrant city of Lyon within the very active Auvergne-Rhône-Alpes region. Please be assured that we will make every effort to make your stay both enjoyable and worthwhile.

See you soon on campus.

Internationally yours,

Dr Eric Maunincomme
President of INSA Lyon

Dr Marie-Pierre Favre
Vice-President for International Affairs
INSA Lyon was founded in 1957 and is part of the INSA Group from which about 10% of all French engineers graduate every year. INSA Lyon is a leading European university of Technology - School of Engineering and a dynamic center for scientific research. It produces highly qualified engineers, whose skills meet the needs of industry. INSA Lyon is located on the Lyon Tech Campus in La Doua, 15 minutes away from the center of Lyon, capital city of the Auvergne Rhône-Alpes region. The success of INSA Lyon is linked to the training set up to favor students’ personal development throughout their engineering studies. INSA Lyon offers on-campus accommodation and a wide choice of clubs and associations; there are also excellent sporting facilities. Special programs exist for students who want to combine their engineering studies with national or international sporting careers or with artistic activities.

A MAJOR INTERNATIONAL REPUTATION

Since it was created, INSA Lyon has made a point of training its engineers and doctors for international careers. In 2015, international mobility has become mandatory for engineering students, either in one of the 200 partner universities located in more than 50 countries, or in companies abroad. To graduate at INSA Lyon, students have to speak two foreign languages. French-speaking students must be fluent in English and learn a second foreign language; non-French speakers must be fluent in French as a foreign language and English. To prepare their stay abroad, 10 foreign languages courses are offered to students. International activities include scientific co-operation between researchers and teachers, and the organization of international scientific seminars and symposia.

A LARGE INTERNATIONAL POPULATION

INSA Lyon is a multicultural campus gathering more than 90 nationalities. 28% of INSA Lyon students are international. They live side-by-side with French and other international students.
**INTEGRATED 5-YEAR MASTER’S PROGRAMS**

The degree course lasts 5 years and students are admitted through a selective process.
- a two-year preparatory level (general scientific and technical education) including 4 international programs Eurinsa, Asinsa, Amerinsa and Scan
- a three-year course (Master's Degree) in one of the 9 fields of study called departments:
  - Biosciences [BS]
  - Civil Engineering and Urban Planning [GCU]
  - Electrical Engineering [GE]
  - Energy and Environmental Engineering [GEN]
  - Industrial Engineering [GI]
  - Information Technology [IF]
  - Mechanical Engineering [GM]
  - Materials Science and Engineering [SGM]
  - Telecommunications [TC]

**PREPARATORY LEVEL INTERNATIONAL PROGRAMS**

INSIA Lyon provides four preparatory level programs.

3 geographically oriented programs.

**EURINSA, ASINSA and AMERINSA** are preparatory level international programs (a 2-year core program).
- EURINSA with students from France and from other European countries
  > 100 new registrations every year.
- ASINSA with students from both France and Asia,
  > 75 new registrations every year
- AMERINSA with students from both France and Latin America
  > 100 new registrations every year

Those programs provide students with a specially adapted syllabus and learning approach.

A program in English

**SCAN** is a preparatory level program where all the teaching is carried out in English > 50 new registrations from English speaking students every year.

**A DEPARTMENT OF FRENCH AS A FOREIGN LANGUAGE (FLE)**

INSIA Lyon offers international students a golden opportunity to attend French-language courses labeled FLE.

Initiated by the State, the FLE certification recognizes language centers whose language teaching and services present assurance of quality.

International students can take advantage of it through:

- **An intensive summer school:**
  - For preparatory level students (international programs): five-week course
  - Exchange and double degree students: three-week course
  - Both assign 4 ECTS.

- **An intensive winter school:** two-week course, 2 ECTS.

There are 12-18 pupils per class who attend French-language lessons and activities. International students can also attend extensive French-language courses throughout the academic year: on average 2 hours per week.

Other French lessons are available on request for same level groups: standard French or French applied to specific contexts. French lessons are free of charge for international students who come for the full academic year. A specific rate is established for students who come for one semester (summer school: 695€; winter school: 400€).

**ADMISSION AT BACHELOR’S LEVEL**

Foreign students can apply to INSA Lyon as regular students (degree seeking students) or as students under exchange agreements. There are two different registration processes depending on whether they choose one status or the other. Regular student status requires to meet the admission qualifications and the French language requirements.

**PHD PROGRAM**

The PhD is a professional research degree, where the student is awarded the title of Doctor. The research conducted by the student is supervised by the PhD supervisor in a research laboratory which is part of a doctoral school. The PhD student, his/her supervisor, possible co-supervisors, the management of the host research laboratory and the management of the doctoral school mutually commit to the degree by signing the PhD charter.

The PhD defends a thesis which validates the scientific work achieved and the knowledge acquired.
Research at INSA Lyon is conducted by 23 specialized laboratories, supported by the help of more than 600 PhD students, 700 teachers & researchers.

INSA Lyon expends its research activities within five main fields:

- **Digital Society and Information**
- **Energy for a Sustainable Development**
- **Environment: Natural, Industrial, and Urban Environments**
- **Global Health and Bioengineering**
- **Transport: Structures, Infrastructures, and Mobilities**

INSA Lyon uses the latest technology and is actively involved in joint projects with national research institutions, such as the CNRS, INRIA, INSERM; with 7 international laboratories as well as with companies: EDF-GDF, France Telecom, Alcatel...

### THE EUROPEAN CREDIT TRANSFER SYSTEM (ECTS)

The ECTS credits system was developed by the European Commission to set up a common process for the presentation of syllabus in order to facilitate the accreditation of courses attended in foreign countries. It is designed to help European institutions measure and compare the learning achievements of students, and to easily transfer them from one European institution to another.

### EDUCATION

The training offer is available in the Education Catalogue, on INSA Lyon’s website:


Courses contents and their ECTS credits can be found on the following webpage:

- [www.insa-lyon.fr/en/formation/offre-de-formation](http://www.insa-lyon.fr/en/formation/offre-de-formation)

Exchange students are invited to consult:

- [https://exchange-student.insa-lyon.fr](https://exchange-student.insa-lyon.fr)

### THE LEARNING AGREEMENT

The purpose of the Learning Agreement is to provide a transparent and efficient preparation of the stay abroad to make sure the student receives recognition for the activities successfully completed abroad. It sets out the programme of the studies and the learning outcomes the student is expected to acquire. The home institution is committed to give full academic recognition to the credits gained abroad and INSA Lyon provides the agreed course units.

### INDUSTRIAL INTERNSHIP

The internship must appear in the initial learning agreement. The selection committee must accept the application for a one-year exchange period. Internship will take place during the second semester.

The student, INSA Lyon and the company welcoming the student for an internship must sign a three-party internship agreement. For more pedagogical information about internship, students must get in touch with the international academic advisor of their main department [field of study].
TRANSCRIPT OF RECORDS

It shows the student’s learning achievement, which can easily be transferred from one institution to another.

<table>
<thead>
<tr>
<th>ECTS % of successful students normally achieving the grade</th>
<th>Definition</th>
</tr>
</thead>
<tbody>
<tr>
<td>A 10 Excellent - outstanding performance with only minor errors</td>
<td></td>
</tr>
<tr>
<td>B 25 Very Good - above the average standard but with some errors</td>
<td></td>
</tr>
<tr>
<td>C 30 Good - generally sound work with a number of errors</td>
<td></td>
</tr>
<tr>
<td>D 25 Satisfactory - fair but with significant shortcomings</td>
<td></td>
</tr>
<tr>
<td>E 10 Sufficient - performance meets the minimum criteria</td>
<td></td>
</tr>
<tr>
<td>FX ... Fail - some more work required before the credit can be awarded</td>
<td></td>
</tr>
<tr>
<td>F ... Fail - considerably more work is required</td>
<td></td>
</tr>
</tbody>
</table>

1 full academic year = 60 credits 1 semester = 30 credits

2018-2019 ACADEMIC CALENDAR

**SEMESTER 1**
Monday, September 17th 2018 to Friday, February 1st 2019

**SEMESTER 2**
Monday, February 4th to Friday, June 21st 2019

**SCHOOL HOLIDAYS**
Half-term: from Saturday October, 27th to Sunday November, 4th 2018
Christmas: from Saturday December, 22nd 2018 to Sunday January, 6th 2019
Half-term: from Saturday February, 18th to Sunday February, 24th 2019
Spring: from Saturday April 13th to Sunday April 28th 2019

**BANK HOLIDAYS**
Thursday, November 1st 2018 [All Saint’s Day]
Sunday, November 11th 2018 [Armistice Day]
Monday, April 22nd 2019 [Easter Holiday]
Wednesday, May 1st 2019 [Labor Day]
Wednesday, May 8th 2019 [Armistice 1945]
Thursday, May 30th 2019 [Ascension Day]
Monday, June 10th 2019 [Whit Monday]
Sunday, July 14th 2019 [National Day]
Thursday, August 15th 2019 [Assumption]
YOUR CONTACTS

REGISTRAR'S OFFICE

INSA Lyon - Camille Claudel
8, allée du Rhône - 69621 Villeurbanne CEDEX France
Incoming Students Coordinator & Assistant for Asia, North America & Oceania
Ms Magdalena CORNECI
Phone: +33 4 72 43 71 69 - e-mail: welcome@insa-lyon.fr

Incoming Students Assistant for European Nordic Countries, Germany
Ms Geneviève LOMBARD
Phone: +33 4 72 43 70 82 - e-mail: welcome1@insa-lyon.fr

Incoming Students Assistant for Africa, Latin America, Spain & Portugal
Ms Marta GUTIERREZ
Phone: +33 4 72 43 84 33 - e-mail: welcome2@insa-lyon.fr

Incoming Students Assistant for other European countries
Ms Meriem BENDAICHE
Phone: +33 4 72 43 72 07 - e-mail: welcome3@insa-lyon.fr

ACCOMMODATION OFFICE

The accommodation office takes care of housing issues at INSA Lyon and also manages the assignment of the rooms among the 11 campus residences.

INSA Lyon - Résidence J 11, allée du Rhône - 69621 Villeurbanne cedex
DDR@insa-lyon.fr - Phone: +33 (0)4 72 43 79 68 / 79 61 / 88 91

RESTAURANTS OFFICE

Galilée Building 6/8 Avenue Jean Capelle
69 621 Villeurbanne CEDEX France
ACCREST@insa-lyon.fr - Phone: +33 (0)4 72 43 72 70
INTERNATIONAL ACADEMIC ADVISORS IN THE DEPARTMENTS

Students should also get in touch with their main department upon arrival.

• INDUSTRIAL ENGINEERING (GI)
  Emil Dumitrescu
  emil.dumitrescu@insa-lyon.fr

• INFORMATION TECHNOLOGY (IF)
  Jean-Francois Boulicaut
  jean-francois.boulicaut@insa-lyon.fr

• MECHANICAL ENGINEERING (GM)
  Minh Tu PHAM
  minh-tu.pham@insa-lyon.fr

• MATERIALS SCIENCE AND ENGINEERING (SGM)
  Abdelkader Souifi
  abdelkader.souifi@insa-lyon.fr

• TELECOMMUNICATIONS (TC)
  Frédéric Le Mouël
  tc.ri@insa-lyon.fr

• BIOSCIENCES (BS)
  Stéphane CHAMBERT
  stephane.chambert@insa-lyon.fr

• CIVIL ENGINEERING AND URBAN PLANNING (GCU)
  Marco Valerio D’agostino
  marco-valerio.dagostino@insa-lyon.fr

• ELECTRICAL ENGINEERING (GE)
  Luong Viet Phung
  luong-viet.phung@insa-lyon.fr

• ENERGY & ENVIRONMENTAL ENGINEERING (GEN)
  Gaëlle DUCOM
  gaelle.ducom@insa-lyon.fr

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  Emil Dumitrescu
  emil.dumitrescu@insa-lyon.fr

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• TELECOMMUNICATIONS (TC)
  Frédéric Le Mouël
  tc.ri@insa-lyon.fr

ADMINISTRATIVE FORMALITIES

If you wish to study at INSA Lyon through an exchange program (such as Erasmus) or a bilateral agreement between your home university and INSA Lyon, please contact your university the year preceding your departure.

YOUR STATUS AT INSA LYON

Once accepted, you can be enrolled as:

• An exchange student - if you come under an agreement between INSA Lyon and your home university.

• A twinning exchange student - if you come from a university or a network (e.g. ISEP) with a specific twinning agreement with INSA Lyon

• A graduate program student - if you come under a double degree agreement signed between your home university and INSA Lyon

• A visiting student - if there is no bilateral agreement between INSA Lyon and your university*  

*Translation: Some official documents have to be translated before submission to French administration. They can either be translated in the home country (by the French Embassy or Consulate of France in home country) or upon arrival to INSA Lyon with the Incoming Mobility team’s support. Documents have to be translated by a sworn translator.

RIGHT OF RESIDENCE IN FRANCE

VISA

Right of residence in France has to be requested in the home country then registered upon arrival in France.

> EUROPEAN UNION CITIZEN

Visa are not required in the EU for European citizens.

> NON-EUROPEAN UNION CITIZEN

There are 2 categories of visas:

• short-stay visa (≤ 90 days)
• long-stay visa (> 90 days)

If a student is staying longer than 90 days, one of these 2 long-stay visas will be delivered to him:

> Visa Long Séjour Valant Titre de Séjour (VLS-TS): the student has to validate his visa to the OFII (French Immigration and Integration Office)  
> Visa Long Séjour Temporaire (VLST): 3-6 months stay, no OFII validation but the student can not claim for social benefits nor work permit.

The Incoming Mobility team of INSA Lyon Registrar’s Office helps students with procedures upon their arrival.

DOCUMENTS TO BRING TO FRANCE

> EU CITIZENS

• Valid national identity card or passport
• Birth certificate and its translation into French if necessary*
• European Health Insurance Card (EHIC)

> NON-EU CITIZENS

• Valid passport containing a long-stay visa (obtained at the Embassy or Consulate of France in home country)
• Birth certificate and its translation into French if necessary*

* In this case you will be asked to pay the full subscription fees (€601 in 2018-2019).
HEALTH SECURITY & INSURANCES

FRENCH SOCIAL SECURITY SYSTEM
All international students coming to INSA Lyon have to subscribe an accident and health insurance valid upon arrival in France. INSA Lyon Registrar’s Office is at their disposal to help them with procedures.

> EUROPEAN UNION CITIZENS
Students must have their European Health Insurance Card (EHIC) valid for the period of their stay in France. If not, they will have to subscribe to the French Social Security in September (beginning of the academic year).

> NON-EUROPEAN UNION CITIZENS
Students arriving before September must contract at their own expense a private insurance (Pack SMERRA, LMDE, etc.) covering the period from their arrival in France until September. From then on, they will have to subscribe to the French Social Security via

etudiant-etranger.ameli.fr

Canadian students (Québec) in possession of the form SE 401 Q106 at registration are exempted.

> INTERNATIONAL STUDENTS REGISTERED IN 2017-2018 PURSUITING THEIR STUDIES AT INSA LYON
Students stay affiliated to their student insurance until end of 2018-2019 academic year. They will automatically be forwarded to the general social security system in September 2019.
The annual contribution to the Social Security (€217 in 2017) has been deleted. Affiliation to the French Social Security System is compulsory and free.

CONTRIBUTION TO THE CROUS (CVEC)
A €90 contribution to the CROUS is required and has to be paid online on

www.messervices.etudiant.gouv.fr

For permanent and Double-degree students. Exchange students are not concerned.

OTHER MANDATORY INSURANCES

SUMMER SCHOOL
Students attending the summer school must contract at their own expense a private insurance (health, accident and liability insurance) covering the period from their arrival in France until the beginning of the school year.

HOUSING
Students living on INSA Lyon campus in a residence or in town (private landlord) have to subscribe to:
- rental liability insurance
- civil liability insurance
Both of these insurances can be subscribed either separately or as part of a package [SMERRA, LMDE, private insurers, banks etc.]
ACCOMMODATION ON CAMPUS

There are 11 students residences for those wishing to live on campus. More information about residences on:


All apartments are provided with bed, desk, chair, closet, bathroom and a small kitchen. Sheets and blankets are provided on request. Launderettes can be found within the campus (managed by the Students’ Office) or outside INSA. All contract leases end by June, 30th 2019.

<table>
<thead>
<tr>
<th>Types</th>
<th>2018-2019 prices per month and per student</th>
</tr>
</thead>
<tbody>
<tr>
<td>T1 1 single room</td>
<td>from €365.50 to €465.50</td>
</tr>
<tr>
<td>T1 bis 1 2 single rooms</td>
<td>from €373.50 to €462.50</td>
</tr>
<tr>
<td>T1 bis 2 1 double room</td>
<td>from €337.50 to €358.50</td>
</tr>
<tr>
<td>T1 bis 3 1 single room, 1 double room</td>
<td>from €344 to €369.50, from €310.50 to €341</td>
</tr>
</tbody>
</table>

Please note that INSA collects direct housing financial assistance (www.caf.fr) for residents that benefit from it. The amount is deducted from their rent.

Important

Every new incoming student has to pay a €45 administrative fee and a 300€ deposit, paid jointly with the first monthly payment. This deposit is refunded after departure (within 2 months). Please keep your French bank account opened 3 months after your departure or give your home country account details to the accounting department. If the deposit is refunded on the bank account in your country, note that the bank fees will be taken from your deposit.

The civil liability housing insurance is mandatory and can be subscribed with insurance companies, or with a bank (the monthly cost is about €12). The insurance certificate must be sent, within 15 days after the signature of the lease, by email to the accommodation office: ddr@insa-lyon.fr

Any deterioration assessed in common areas will be borne by the person responsible. The tenant is expected to carry out household duties.

Accommodation charges also include heating, electricity, water, furniture, taxes, garbage removal, free access to Internet and the use of common premises.

STUDENTS “TWINNING”

Housing and catering expenses are covered by INSA Lyon for ISEP network (USA) and IIT (India) students, due to “twinning” agreements between their university and INSA Lyon. For further information, please contact the Incoming Mobility team.

HOUSING RULES

Life on campus depends on residents behavior. Students are expected to respect sanitary rules, local and regional authority decrees and residence rules regarding safety or day-to-day life. These rules are submitted to the students when they arrive and are displayed in each residence. Not respecting the rules can lead to an exclusion from the residence. INSA Lyon is the guarantor for accommodation on campus.

LIVING OFF CAMPUS

Students who choose to live off campus can contact estate agents for apartment or room rental, and also the CROUS (Regional Center for schools and universities services) an organization which governs 6,500 flats in student residences and approximately 1,500 rooms in private homes. This accommodation is subsidized and reserved first and foremost for needy students. To benefit from this service, students must contact the CROUS directly.

CROUS: +33 (0)4 72 80 17 70 - www.crous-lyon.fr

> N.B. Estate agents usually require a French resident to stand surety before arranging lease.
CATERING

For their daily needs, on-campus population can choose among restaurants which are good value for money and at special rate for INSA Lyon students:

<table>
<thead>
<tr>
<th>Restaurant</th>
<th>Type</th>
<th>Seats</th>
<th>Breakfast</th>
<th>Lunch</th>
<th>Afternoon</th>
<th>Dinner</th>
</tr>
</thead>
<tbody>
<tr>
<td>Le RI</td>
<td>Self-service</td>
<td>900</td>
<td>/</td>
<td>11.30am-1.30pm</td>
<td>/</td>
<td>6pm-8pm</td>
</tr>
<tr>
<td>Le Prévert</td>
<td>Sandwiches</td>
<td>120</td>
<td>7am-8.30am</td>
<td>11.30am-1.30pm</td>
<td>2pm-5pm</td>
<td>6pm</td>
</tr>
<tr>
<td>Le Grillon</td>
<td>Grill</td>
<td>230</td>
<td>/</td>
<td>11.45am-1.30pm</td>
<td>/</td>
<td>/</td>
</tr>
<tr>
<td>L’Olivier</td>
<td>Italian meals</td>
<td>220</td>
<td>/</td>
<td>11.45am-1.30pm</td>
<td>/</td>
<td>/</td>
</tr>
<tr>
<td>Point A</td>
<td>at the bottom of the residence A</td>
<td>/</td>
<td>6.50am-7.50am</td>
<td>/</td>
<td>/</td>
<td>/</td>
</tr>
</tbody>
</table>

2018-2019 MEAL RATES

Mandatory meal plans for 1st and 2nd year students living on-campus and optional for students living off-campus

| Meal plan 7/7 | 5 breakfasts +13 lunches/dinners per week, from Monday to Sunday | amount per week: €53,01 |
| Meal plan 5/7 | 5 breakfasts + 10 lunches/dinners per week, from Monday to Friday (during School terms) | amount per week: €48,55 |
| Meal plan 5/7 « liberté » | 5 breakfasts + 10 lunches/dinners per week, from Monday to Sunday (during school terms and holidays) | amount per week: €51,25 |

Meal plan for 3rd to 5th year students living on-campus and 1st to 5th year students living off-campus

| Meal plan 15 | 15 lunches or dinners per month | amount per month: €63 |

Individual meal

| Meal for the 3rd to 5th year students living on-campus and 1st to 5th year students living off-campus, and the PhD students non paid by INSA Lyon. | €4.40 / €2.20 for breakfast |
| Meal for non INSA Lyon students | €4.55 / €2.35 for breakfast |
| Meal for a guest on a student card | €5.35 / €2.70 for breakfast |

> GOOD TO KNOW:
- The restaurant RI is the only one open on Saturdays for lunch and Sundays, for lunch and dinner.
- Thélème’s Sandwicherie also offers breakfasts and sandwiches (no meal plans included – payment by cash or credit card)
- A monthly package is especially designed for students attending INSA Lyon part of the year, Billing is established each month.

www.insa-lyon.fr/en/catering  - +33 (0)4 72 43 81 32

LIFE ON CAMPUS

Beside their studies, students can fully take benefit of excellent facilities to practice sport and cultural activities. The personal development of its students is a prime concern which is why INSA Lyon encourages them to actively take part in community life on campus. A good way to make friends but also foster leadership and project management skills.

STUDENT UNION AND ASSOCIATIONS

For more than 30 years, INSA Lyon Student Union (BDE) has been a major actor in the school’s life. With more than 200 volunteers and nearly 3,000 members, it is one of the largest Student Unions in France. Students are welcomed at the Maison des Etudiants, where the BDE has been housed for than 15 years, open 50 hours a week.

By supporting and gathering the other 130 students associations the Student Union provides a very active and social life on campus. It also aims at providing its members services (like photocopiers, laundry facilities, cooking appliances...) and special rates to shows, parties, outings, etc.

STUDENTS MAJOR EVENTS

- 24h de l’INSA
 Originaly a cycling race, it is now the biggest student festival in France with multidisciplinary races, electro concerts and fun activities.
 www.24heures.org
- Karnaval Humanitaire
 Since 1992, annual week-long event mixing entertainment and solidarity
 www.karnaval.fr
- Le Cross de l’INSA (Athletic race) Emblematic sport event of INSA Lyon opened to all students of Lyon and beyond.

MARIE CURIE LIBRARY

Available collections:
- 80,000 books and 20,000 e-books
- 360 subscriptions to printed reports
- 5900 subscriptions to online reviews
- 24 specialized databases: press, scientific, French and English encyclopedias
- Courses support (printed and scanned)

+33 (0)4 72 43 61 87 - contact-rd@insa-lyon.fr

OPENING HOURS
- During term time: Monday to Friday : 9am-10pm Saturday: 9am-5pm
- During school holidays: Monday to Friday : 9pm-7pm / Saturday: 9am - 12am.
STUDENT SUPPORT SERVICES

They welcome students throughout the year to listen, advice and help solving personal problems.

+33 (0)4 72 43 83 01 - service.social-etudiants@insa-lyon.fr

STUDENTS WITH DISABILITIES

To facilitate the success of everyone, the Student Disability Unit helps disabled students (with motor, sensory, mental disabilities, disabling diseases, language disorders...) to succeed and graduate as well as any other engineering students. The Student Disability Unit provides help and support in coordination with the other departments of INSA: educational assistance, including for exams, technical aid, accessibility...

+ 33 (0)4 72 43 74 50 - cellule.handicap-etudiants@insa-lyon.fr

THE CAP SERVICE (PSYCHOLOGICAL SUPPORT)

The CAP (Conseil Accompagnement Personnalisé) allows you to meet psychologists throughout your studies at INSA Lyon.

+ 33 (0)4 72 43 74 50 - service.cap@insa-lyon.fr

NURSERY

The service includes 3 nurses, 1 prevention doctor, 1 psychiatrist and 1 secretary to take care of you, guide you and listen to you in strict adherence to medical secrecy. It is a walk-in office from 7.30 am to 6pm (except during school holidays).

+33 (0)4 72 43 81 10 (nurses) - +33(0)4 72 43 79 98 (secretary) - smpe@insa-lyon.fr

building Camille Claudel - RDC - 8, allée du Rhône - 69621 Villeurbanne

DELIVERY SERVICE

This services sorts, delivers and stamps the mail. Mail is posted daily at 3.30pm. The delivery service manages the mail of the students living on-campus :
- Mail is delivered every day in each residence
- Registered mail : the student is informed by email when his mail has arrived and can be collected at the delivery service with his student card.

+33 (0)4 72 43 81 38 or 85 98 sports@insa-lyon.fr
www.insa-lyon.fr/en/sporting-life

WIFI NETWORK

If you live on campus, your Internet access will be activated soon after your arrival. Nevertheless, rooms are not equipped with computers and you must bring your own Ethernet wire. 300 Wifi hotspots are available on campus (library, restaurants, classrooms...).

How to access to the W-Fi network?

Eduroam [education roaming] is the secure, world-wide roaming access service developed for the international research and education community. To download your eduroam installer on your device : http://cat.eduroam.org
Your device will then identify a valid eduroam access point and log-in automatically. Your password for your online identity is provided to you by your «home» institution, where you are enrolled in study.
CLIMATE

Lyon has a continental climate with hot summers (25° to 30°C on average) and winters that are rarely harsh (5° to -2°C on average) with snow falls. Rain falls mostly in autumn and spring.

LYON, A UNIVERSITY CENTER

The city of Lyon is the second largest in France, with 1.3 million inhabitants and more than 120,000 students. Located at the heart of Europe, Lyon is steeped in history and culture. It has a rich industrial network which includes many global companies. Its international scope and exceptional cultural environment have made it become a powerful center of communication.

Paris, Geneva and Marseille are only two hours away from Lyon by train and many international high speed trains (TGV) stop in Lyon city center daily. More than 100 international and 20 domestic airlines take-off from the Lyon-Saint-Exupéry airport.

From the city center, it only takes 2 hours commute by train to Paris-Charles de Gaulle airport and a few hours to travel to London with the Eurostar. Lyon is the gateway to Europe and also a great university center which attracts numerous students every year.

The Université de Lyon group (UdL) brings together 11 Higher Education Institutions and 1 Research Organization. INSA Lyon is one of the founding members of Université de Lyon. This union represents 140,000 students and 20,000 are international.

More about the city: www.lyon.fr
URBAN PUBLIC TRANSPORT

The city has an excellent public transport network (funicular, metro, tramway, bus...). It operates from 5 am to midnight every day. Bus lines “Pleine Lune” operate until 4 am between campuses and town center on Thursdays, Fridays and Saturdays. One ticket is valid for all type of transport (bus, tramway or subway) for a one-hour travel, costs €1,90 and available on all tramway station.

Travel cards “Tecely” are available at TCL offices (the nearest one: Part-Dieu, Metro B) or online. You will need your student card, identity card, one photo and €5. The Tecely card is afterwards rechargeable in every metro or tramway station.

CAMPUS, reduced rate for students under 28 years old : €31.50/month (under 28 years old).
Book of 10 tickets: €16.60.

The campus is located on the tramway lines T1 and T4. There are 3 stations on the campus : “La Doua-Gaston Berger”, “INSA – Einstein” and “Croix-Luizet”.

Time-tables and bus guides are available in the TCL offices or on www.tcl.fr

BICYCLES HIRING: VELO’V

Velo’v is an innovative bike service that is simple and practical. To hire a bike, create an account on the official Vélo’v mobile app or the Vélo’v website.

The Vélo’v must be returned to a free dock at one of the 348 stations. You can find them all over Lyon and Villeurbanne.

Single ride : first 30 minutes free then 1h: €1,50 ; 1h30: €3 ; 2h: €4,50, etc. 14-25 years annual membership : €16,50/year to benefit from reduced rates
velov.grandlyon.com

CURRENCY AND BANKS

As in most of the European Union countries, the currency in France is the Euro (€) divided into cents of Euros. There are 1, 2, 5, 10, 20, 50 cent coins, €1 and €2 coins. The bank notes are 5, 10, 20, 50, 100, €200, and €500. Be careful: a lot of shops do not accept €200 and €500 notes.

You can open a bank account in a post office or any bank (branches to be found in all districts of Lyon). In most cases, it is very easy to open a non resident’s account: your passport and proof of a fixed address in France are all you need the INSA Lyon accomodation office delivers a residence certificate to students accommodated on campus.
We recommend you have a visa or master card for your shopping in France.

SHOPPING

All parts of Lyon City have retail shops, opened mostly from Mon. to Sat. from 10 a.m. to 7 p.m. Sunday is closing day for most shops.

The large supermarkets (Carrefour, Auchan, Leclerc...) are generally opened from Mon. to Sat. from 9 a.m. to 10 p.m.

The shopping center La Part-Dieu is opened from 9.30 a.m. to 8 p.m (closed on Sundays). All neighbourhoods have their open-air markets 7/7 [Croix Luizet, Place Wilson, Gratte-Ciel etc].

PHONE

In France, telephone numbers are made of 10 digits.
In order to phone the overseas territories or abroad, dial 00 then the country code, then the town code and then the local number.
You will find the various code numbers in all the phone directories.
A few mobile operators:
www.sfr.fr
www.orange.fr
www.bouygues Telecom.fr
www.free.fr

MAIL

To send mail, stamps can be purchased in post offices and in tobacconist’s shops.
A letter sent to France from abroad must have the following items: the name of the institution, or the person, the building, the street number, the street name, the post code and the country.
(ex : INSA Lyon Service de la scolarité Bât. Camille Claudel 8, allée du Rhône 69621 Villeurbanne cedex – France)

ELECTRICITY IN FRANCE

France uses electricity at 220 volts. If you come from a country where appliances are designed for 110 volts, you will need a voltage converter or a transformer depending on the type of appliances or equipment you plan to use in France.
As the wall outlets configurations [2-pin plugs] can be different in France from your country, you may also have to buy adaptors (be careful: plug adapters don’t change the voltage).
LEISURE IN LYON

Choosing INSA Lyon will allow students to discover a lot about France through the cultural and historical richness of Lyon, the country’s 2nd biggest city.

LYON AND ITS HISTORICAL BACKGROUND

Two thousand years of history have left a rich heritage. Between the Rhône and the Saône rivers, from one hill to another, Lyon will delight you with all its treasures dating back to the Gallo-Roman period, Medieval times, and the Renaissance.

But Lyon has also a rich contemporary culture and industrial environment. Silk weaving is one of the industries that established Lyon’s reputation. Famous names from Lyon: Ampère, Pasteur, the Lumière brothers... are visible on the Lyon wall fresco, rue de la Martinière. This district bears witness to the history of the Middle Ages with Saint Jean cathedral built between the XIIth and XVth centuries. It is a perfect illustration of architectural transformations from the Roman to the Gothic periods. Within this exceptional collection of Renaissance architectural features, there are interior courtyards and the famous traboules, narrow covered alleys and passages which connect one street to another.

In 1998, the historic site of Lyon was classified UNESCO World Heritage. The Fourvière hill provides magnificent panoramic views over the city. The Presqu’île is where one of the largest squares in Europe can be found: Place Bellecour, and further on, other famous squares like the Place des Célestins.

Place des Terreaux is where the Opéra and l’Hôtel de Ville can be visited. Along the Rhone River, there is the “ Rhone River Banks “, a 10 hectares urban park, with restaurants and nice places to stroll along or rest.

December 8th each year, discover the “ Festival of lights “; light shows are displayed all around the city. The city’s biggest park and green area with a zoo, le Parc de la Tête d’Or, is located just a few minutes walk from the campus. It is famous for its vast lawns, its lake, the extraordinary rose gardens, the tropical greenhouses and the free zoo. Jogging, cycling and roller-skating are available all around the 4 km ring.

Near the park, the Cité Internationale is housing the Palais des Congrès, the Museum of Contemporary Art and a large movie complex. Inventors of cinema brothers Auguste and Louis Lumière (end of XIXth century) were from Lyon and there is a museum in their honor called, the Musée de l’Institut Lumière. Finally, for those who like winter sports and water sports, the nearest ski slopes are 150km from Lyon and the Mediterranean Sea (French Riviera) is 300 km away!

For more information about the city:
www.lyon.fr
www.lyon-france.com
http://www.auvergnerhonealpes.eu/
HOW TO GET TO

LYON

> BY PLANE
Lyon has an international airport, Lyon Saint-Exupéry with flights to many capitals and cities in Europe.
The regular shuttle service " Rhônexpress " runs every 15 minutes from the airport to the city center [Part Dieu Railway station] and the journey takes 30 minutes. It costs between €13-17 (according to age) taxi fare from the airport to the city center or to INSA Lyon is about €50.

Paris Charles de Gaulle airport is only 2 hours away by train, from the Lyon Part-Dieu railway station [in the city center].
Regular departures [at least every 2 hours].

> BY TRAIN
Lyon has two main railway stations - Lyon Part-Dieu and Lyon Perrache, connected to several cities in Europe.
Lyon offers direct connections with Paris [2h], Lille [3h], Marseille [2h] Brussels [4h] and even London with the Eurostar.

> FROM PART-DIEU OR PERRACHE RAILWAY STATIONS
Buy a ticket for €1.90.
From Part-Dieu: catch the tram T1 to "IUT-Feyssine" and get off at "INSA-EINSTEIN".
From Perrache: catch the metro A to "Vaulx-en-Velin-La-Soie", get off at "Charpennes", take the tram T1 to "IUT-Feyssine" and get off at "INSA EINSTEIN".

www.rhonexpress.com
www.lyon.aeroport.fr
www.voyages-sncf.com
www.tcl.fr/en
CONSULATES
• List of all consulates in Lyon available at www.consulats-lyon.fr/pages/liste/liste-des-consulats-a-lyon.html

OTHERS
> ASSOCIATION LYON INTERNATIONAL
7, rue Major Martin - 69001 Lyon - Phone: +33 (0)4 78 30 59 37
The association is formed by families from Lyon who are willing to welcome foreign visitors for lunch or dinner.

> JEUNES AMBASSADEURS PROGRAMME
This association helps international students become familiar with the rich cultural environment of Lyon and meet major institutional and business leaders. Foreign students from top colleges and universities are put in contact with companies and can participate to a wide range of activities for free. They become members of JA4 ever world-wide network.
www.jeunes-ambassadeurs.com

> TOURIST OFFICE
Place Bellecour - 69002 Lyon - Phone: +33 (0)4 72 77 69 69. www.lyon-france.com

> BANKS
- LCL Crédit Lyonnais :
  128 bd du 11 novembre 1918, Villeurbanne – Phone: +33 (0)820 824 905
- Caisse d’Epargne : Agence Croix Luizet
  171 av. Roger Salengro, Villeurbanne – Phone: +33 (0)4 78 89 86 16
- Banque Populaire Loire et Lyonnais :
  8, av. Condorcet, Villeurbanne – Phone: +33 (0)811 905 600

> POLICE STATION VILLEURBANNE
225, cours Emile Zola, Villeurbanne – Phone: +33 (0)4 72 69 10 60

> CLINIC DU TONKIN (Hospital emergency)
29, rue du Tonkin, Villeurbanne – Phone: +33 (0)4 72 44 66 00

> PHARMACY
- Pharmacy Condorcet : 15, av. Condorcet, Villeurbanne – Phone: +33 (0)4 78 89 67 05
- Pharmacy Croix-Luizet (7/7) : 151 Avenue Roger Salengro 69100 Villeurbanne
- Pharmacy Villegas : 166, av. Roger Salengro, Villeurbanne – Phone: +33 (0)4 78 93 51 40

> POST OFFICE CROIX LUIZET
160, av. Roger Salengro, Villeurbanne – Phone: +33 (0)4 72 69 57 40

> SUPERMARKET CARREFOUR MARKET
61, avenue Roger Salengro – Villeurbanne

> SUPER MARKET PETIT CASINO
11 Avenue Condorcet 69100 Villeurbanne

> YOUTH HOSTEL
41, Montée du Chemin Neuf – 69005 Lyon - Phone: +33 (0)78 15 05 50
51, rue Roger Salengro - 69200 Vénissieux - Phone: +33 (0)4 78 76 39 23
www.fuaj.org

> ETAP HÔTEL
3, rue du 8 mai 1945 - 69100 Villeurbanne - Phone: +33 (0)8 98 68 09 41 - etaphotel.com
MAP OF INSA LYON CAMPUS
INTERNATIONAL RELATIONS OFFICE

Building Coulomb
34, avenue des Arts
69621 Villeurbanne CEDEX - France
Tél : + 33 (0)4 72 43 83 91
Email : dri@insa-lyon.fr

INCOMING MOBILITY TEAM

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8 allée du Rhône
69621 Villeurbanne CEDEX
Tél: + 33 [0]4 72 43 71 69
Email : welcome@insa-lyon.fr

www.insa-lyon.en